

# September 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29	30	31	1	2	3
4	5	6 <u>Learn to Play Piano</u> 3:40 p.m. - 3:40 p.m.	7 <u>EarlyOn Playgroup</u> 10:00 a.m. - 12:00 p.m.	8 <u>Monthly Open Mic</u> 6:00 p.m. - 7:30 p.m.	9	10 <u>Learn to Play Piano</u> 10:30 a.m. - 11:00 a.m.
11	12 <u>Virtual Guided Presence Meditations with Gianni</u> 10:00 a.m. - 10:15 a.m.  <u>Sit and Knit Drop-In Circles</u> 1:00 p.m. - 3:00 p.m.	13 <u>VON Smart Exercise Program (In Person)</u> 9:15 a.m. - 10:15 a.m.  <u>Virtual Guided Presence Meditations with Gianni</u> 10:00 a.m. - 10:15 a.m.  <u>VON Smart Exercise Program (In Person)</u> 10:00 a.m. - 11:00 a.m.	14 <u>VON Smart Exercise Program (In Person)</u> 10:00 a.m. - 11:00 a.m.  <u>EarlyOn Playgroup</u> 10:00 a.m. - 12:00 p.m.  <u>Virtual Guided Presence Meditations with Gianni</u> 10:00 a.m. - 10:15 a.m.	15 <u>VON Smart Exercise Program (In Person)</u> 9:15 a.m. - 10:15 a.m.  <u>EarlyOn Playgroup</u> 10:00 a.m. - 12:00 p.m.  <u>Virtual Guided Presence Meditations with Gianni</u> 10:00 a.m. - 10:15 a.m.  <u>VON Smart Exercise Program (In Person)</u> 11:15 a.m. - 12:15 p.m.  <u>Yoga with Liz</u> 2:00 p.m. - 3:00 p.m.	16 <u>Virtual Guided Presence Meditations with Gianni</u> 10:00 a.m. - 10:15 a.m.  <u>Virtual Art Exhibit Featuring Tony Cee</u> 1:00 p.m.	17 <u>Virtual Guided Presence Meditations with Gianni</u> 10:00 a.m. - 10:15 a.m.

<p>18</p> <p><u>Virtual Guided Presence Meditations with Gianni</u> 10:00 a.m. - 10:15 a.m.</p>	<p>19</p> <p><u>Virtual Guided Presence Meditations with Gianni</u> 10:00 a.m. - 10:15 a.m.</p> <p><u>Sit and Knit Drop-In Circles</u> 1:00 p.m. - 3:00 p.m.</p>	<p>20</p> <p><u>VON Smart Exercise Program (In Person)</u> 9:15 a.m. - 10:15 a.m.</p> <p><u>Meditation</u> 9:30 a.m. - 10:00 a.m.</p> <p><u>Virtual Guided Presence Meditations with Gianni</u> 10:00 a.m. - 10:15 a.m.</p> <p><u>VON Smart Exercise Program (In Person)</u> 10:00 a.m. - 11:00 a.m.</p> <p><u>Storytime</u> 10:30 a.m. - 11:00 a.m.</p> <p><u>Storytime</u> 10:30 a.m. - 11:00 a.m.</p> <p><u>Virtual World Flavours with Alicia Webber</u> 5:00 p.m. - 6:00 p.m.</p>	<p>21</p> <p><u>Storytime</u> 10:00 a.m. - 10:30 a.m.</p> <p><u>VON Smart Exercise Program (In Person)</u> 10:00 a.m. - 11:00 a.m.</p> <p><u>EarlyOn Playgroup</u> 10:00 a.m. - 12:00 p.m.</p> <p><u>Virtual Guided Presence Meditations with Gianni</u> 10:00 a.m. - 10:15 a.m.</p> <p><u>Meditation with Devarati</u> 6:30 p.m. - 7:30 p.m.</p>	<p>22</p> <p><u>VON Smart Exercise Program (In Person)</u> 9:15 a.m. - 10:15 a.m.</p> <p><u>EarlyOn Playgroup</u> 10:00 a.m. - 12:00 p.m.</p> <p><u>Virtual Guided Presence Meditations with Gianni</u> 10:00 a.m. - 10:15 a.m.</p> <p><u>VON Smart Exercise Program (In Person)</u> 11:15 a.m. - 12:15 p.m.</p> <p><u>Yoga with Liz</u> 2:00 p.m. - 3:00 p.m.</p>	<p>23</p> <p><u>Virtual Guided Presence Meditations with Gianni</u> 10:00 a.m. - 10:15 a.m.</p>	<p>24</p> <p><u>Virtual Guided Presence Meditations with Gianni</u> 10:00 a.m. - 10:15 a.m.</p> <p><u>Learn to Play Piano</u> 10:30 a.m. - 11:00 a.m.</p>
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<p>25</p> <p><u>Virtual Guided Presence Meditations with Gianni</u> 10:00 a.m. - 10:15 a.m.</p> <p><u>Poetry on the Water</u> 4:30 p.m. - 5:30 p.m.</p>	<p>26</p> <p><u>Virtual Guided Presence Meditations with Gianni</u> 10:00 a.m. - 10:15 a.m.</p> <p><u>Sit and Knit Drop-In Circles</u> 1:00 p.m. - 3:00 p.m.</p> <p><u>BiblioTech: Book a Librarian Appointment</u> 2:00 p.m. - 3:00 p.m.</p>	<p>27</p> <p><u>VON Smart Exercise Program (In Person)</u> 9:15 a.m. - 10:15 a.m.</p> <p><u>Meditation</u> 9:30 a.m. - 10:00 a.m.</p> <p><u>BiblioTech: Book a Librarian Appointment</u> 10:00 a.m. - 11:00 a.m.</p> <p><u>Virtual Guided Presence Meditations with Gianni</u> 10:00 a.m. - 10:15 a.m.</p> <p><u>VON Smart Exercise Program (In Person)</u> 10:00 a.m. - 11:00 a.m.</p> <p><u>Storytime</u> 10:30 a.m. - 11:00 a.m.</p> <p><u>Storytime</u> 10:30 a.m. - 11:00 a.m.</p> <p><u>Storytime</u> 10:30 a.m. - 11:00 a.m.</p> <p><u>Storytime</u> 10:30 a.m. - 11:00 a.m.</p> <p><u>Virual Art Exhibit Featuring Ilze Golde</u> 1:00 p.m.</p>	<p>28</p> <p><u>EarlyOn Playgroup</u> 10:00 a.m. - 12:00 p.m.</p> <p><u>VON Smart Exercise Program (In Person)</u> 10:00 a.m. - 11:00 a.m.</p> <p><u>Storytime</u> 10:00 a.m. - 10:30 a.m.</p> <p><u>BiblioTech: Book a Librarian Appointment</u> 10:00 a.m. - 11:00 a.m.</p> <p><u>Virtual Guided Presence Meditations with Gianni</u> 10:00 a.m. - 10:15 a.m.</p> <p><u>Goal Heard Around the World: 50 Year Celebration</u> 2:00 p.m. - 4:00 p.m.</p> <p><u>Virtual Cooking Show with Chris Mask</u> 5:00 p.m. - 6:00 p.m.</p> <p><u>Upcycled Puzzle Piece Craft</u> 6:00 p.m. - 6:45 p.m.</p> <p><u>Meditation with Devarati</u> 6:30 p.m. - 7:30 p.m.</p>	<p>29</p> <p><u>VON Smart Exercise Program (In Person)</u> 9:15 a.m. - 10:15 a.m.</p> <p><u>EarlyOn Playgroup</u> 10:00 a.m. - 12:00 p.m.</p> <p><u>Virtual Guided Presence Meditations with Gianni</u> 10:00 a.m. - 10:15 a.m.</p> <p><u>VON Smart Exercise Program (In Person)</u> 11:15 a.m. - 12:15 p.m.</p> <p><u>Yoga with Liz</u> 2:00 p.m. - 3:00 p.m.</p> <p><u>BiblioTech: Book a Librarian Appointment</u> 6:00 p.m. - 7:00 p.m.</p> <p><u>Climate Justice Book Club: Solved by David Miller</u> 6:30 p.m. - 7:30 p.m.</p>	<p>30</p> <p><u>Virtual Guided Presence Meditations with Gianni</u> 10:00 a.m. - 10:15 a.m.</p>	<p>1</p>
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